## **New Mexico Highlands University**

**School of Social Work**

**Second Semester**

**FIELD PRACTICUM ACTIVITY LOG**

**STUDENT NAME**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

PRIMARY CONTACT NUMBER \_\_\_\_\_\_\_\_/\_\_\_\_\_\_\_\_/\_\_\_\_\_ E-MAIL \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

#### CLASSIFICATION

\_\_\_\_\_ BSW

\_\_\_\_\_ 1ST YR MSW (Logs required for first semester of practicum only)

AGENCY\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

INSTRUCTOR \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_CO-INSTRUCTOR\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

FIELD CONSULTANT\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**ACTIVITY LOG GUIDELINES**

The major objective of the field seminar and the activity log is to encourage students to utilize the ten CSWE competencies and relevant practice behaviors to critically think about the theoretical and conceptual contribution of the classroom with the field practicum. Students are required to maintain a weekly **(typed)** log and submit weekly or bi-weekly, **(depending on how often seminar meets)**, to field seminar instructor throughout the entire semester. All entries and discussions of your log in the classroom setting must protect client and agency confidentiality and cannot contain identifying information. **You are not required to share the activity log with your agency instructor. Logs are to be shared in the field seminar class.**

The purpose of the activity log is to encourage students to:

1. Critically contemplate the ways in which the social work competencies are operationalized (put into practice) in your field practicum setting.
2. Complete weekly activities/assignments focused on the building blocks of social work practice in the field setting.
3. Establish an ongoing dialog with agency instructor, field consultant and field seminar instructor in order to experience the field practicum as an integrated aspect of your learning.
4. Write clear and concise narratives of your weekly experiences.
5. Examine personal expectations of self as learner in the field setting
6. Critically integrate material from practice, human behavior, research and policy into your field experience.
7. Learn to use supervision effectively.

WEEK 1 ACTIVITY LOG

(in class exercise)

**Reflection on the Field of Social Work/Practicum**

Reminder: new learning contract must be submitted by the 3rd week of the semester. Answer the following questions and be prepared to share with the class.

* What social work skills did you develop in your first semester of practicum?
* What areas of improvement will you focus on during your second semester of practicum?

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**Share general practicum concerns and experiences for the week. Be concise in your writing.**

WEEK 2 ACTIVITY LOG

(in class exercise)

**Development/discussion of learning contract**

Reference the ideas you wrote in **Week 1-first semester** regarding what you wanted to learn in your field practicum. Write down and discuss the practice activities you would like to fulfill in your second semester of practicum.

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WEEK 3 ACTIVITY LOG

**COMPETENCY (1) Identify as a professional social worker and conduct oneself accordingly**.

**Field Specific Practice Behaviors**

* Demonstrates ability to advocate for client access to services.
* Demonstrates professional roles, boundaries, behaviors and communication.
* Demonstrates personal reflection and self correction through effective use of supervision and understands the importance of career long learning.

**Exercise-Reflection on Social Work Professionals/Self**

Review the Reflection on Social Work Professionals/Self you completed the first semester of practicum **Week 3.** Describe how you’ve identified as a professional social worker at your practicum and how you plan to improve in your professional role for your second semester referencing the practice behaviors listed above.

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S**hare general practicum concerns and experiences for the week. Be concise in your writing.**

WEEK 4 ACTIVITY LOG

**COMPETENCY (2) Apply social work ethical principles to guide professional practice.** (This competency is about understanding what reflects good ethical behavior).

**Field Specific Practice Behavior**

* Applies strategies of ethical reasoning to arrive at principled decisions.

**Observation Activity**

Review the Observation Activity you completed in your first semester of field practicum **Week 4**. Having been at the practicum for one semester, assess the following facets of your experiences since that time and write them down:

* Did your perceptions of the agency/staff change from last semester when you originally conducted the observation activity? If they did change, how did they change?
* What constitutes ethical behavior at your agency?
* Are clients treated respectfully?
* How is confidentiality of files/client visits handled?
* After completing the observation activity in the first semester, did you give any feedback to the agency about what you observed? Why/why not?

Reflect on your experiences during seminar.

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WEEK 5 ACTIVITY LOG

**COMPETENCY (3) Apply critical thinking to inform and communicate professional judgments.** (This competency is not about coming up with answers but rather being able to see all sides of an issue and being able to evaluate how different solutions lead to different outcomes and consequences).

**Field Specific Practice Behaviors**

* Distinguishes multiple sources of knowledge including research based knowledge and practice wisdom, in the assessment process.
* Demonstrates effective oral and written communication with various systems levels.

**Critical Thinking Exercise**

Review the Critical Thinking Exercise you completed the first semester of practicum **Week 5**. Write about an experience you’ve had in field practicum that required you to apply critical thinking in your effort to problem solve a particular situation.

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WEEK 6 ACTIVITY LOG

**COMPETENCY (4) Engage diversity and difference in practice.**

**Field Specific Practice Behavior**

* Applies understanding of the ways in which culture and diversity shape lives and influence power, privilege, and oppression.

**Reflection on Diversity at Practicum Setting**

Review the Diversity Exercise you completed the first semester of practicum **Week 6**. Since that time, describe how you’ve gained self-awareness of personal biases in your work with clients.

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**Share general practicum concerns and experiences for the week. Be concise in your writing.**

WEEK 7 ACTIVITY LOG

**COMPETENCY (5) Advance human rights and social and economic justice.** (This competency is about viewing your clients as part of a larger picture and understanding how their place in society or in their family impacts their behavior).

**Field Specific Practice Behavior**

* Practices in ways that advance human rights and justice.

**Social Justice Exercise**

Review the Social Justice Exercise you completed the first semester of practicum **Week 7**. In your own words, what does social justice mean to you?

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**Share general practicum concerns and experiences for the week. Be concise in your writing.**

WEEK 8 ACTIVITY LOG

**COMPETENCY (6) Engage in research-informed practice and practice-informed research.**

**Field Specific Practice Behavior**

* Integrates research studies that are relevant to client population.

**Informed Practice Exercise**

Review the Informed Practice Exercise you completed the first semester of practicum **Week 8**. Based on what your supervisor shared with you, do you think that data and/or informed research information is used to inform practice decisions at your practicum setting? Why or why not?

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WEEK 9 ACTIVITY LOG

**COMPETENCY (7) Apply knowledge of human behavior and the social environment.**

**Field Specific Practice Behavior**

* Critically uses theoretical frameworks to guide assessment, intervention and evaluation of person-in-environment.

**Practice Theory Exercise**

Review the Practice Theory Exercise you completed the first semester of practicum **Week 9*.*** In your own words, what are the advantages/disadvantages of having/not having a practice theory in place at the agency?

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WEEK 10 ACTIVITY LOG

**COMPETENCY (8) Engage in policy practice to advance social and economic well-being and to deliver effective social work services.**

**Field Specific Practice Behavior**

* Demonstrates awareness of the impact of social policy on practice.

**Policy Exercise**

Review the Policy Exercise you completed the first semester of practicum **Week 10**. Describe (2) policies that you see as positive and why. Describe (2) policies that you see as negative and why.

**Share general practicum concerns and experiences for the week. Be concise in your writing.**

WEEK 11 ACTIVITY LOG

**COMPETENCY (9) Respond to contexts that shape practice.**

**Field Specific Practice Behavior**

* Uses organizational and contextual knowledge to promote practices that improve services.

**Practice Contexts Exercise**

Review the Practice Contexts Exercise you completed the first semester of practicum **Week 11.**  Based on that interview, do you think the changes described are better/worse for service delivery and why?

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**Share general practicum concerns and experiences for the week. Be concise in your writing.**

WEEK 12 ACTIVITY LOG

**COMPETENCY (10) ENGAGE with individuals, families, groups, organizations and communities.**

**Field Specific Practice Behavior**

* Demonstrates empathy and interpersonal skills when working with clients to develop mutually agreed-on focus of work.

**Engagement Process**

From your interactions, describe how you have participated in the process of ‘engagement’ at your practicum placement.

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WEEK 13 ACTIVITY LOG

**COMPETENCY (10) ASSESS individuals, families, groups, organizations and communities.**

**Field Specific Practice Behavior**

* Demonstrates ability to collaborate with clients in the development of intervention goals and objectives.

**Assessment Process**

From your interactions, describe how you have participated in the process of ‘assessment’ at your practicum placement.

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WEEK 14 ACTIVITY LOG

**COMPETENCY (10) INTERVENE with individuals, families, groups, organizations and communities.**

**Field Specific Practice Behaviors**

* Demonstrates ability to help clients resolve problems and initiate actions to achieve goals.
* Demonstrates ability to implement prevention efforts and negotiate, mediate, and advocate for clients.
* Demonstrates the ability to facilitate and transition endings.

**Intervention Process**

From your interactions, describe how you have participated in the process of ‘intervention’ at your practicum placement.

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**WEEK 15 ACTIVITY LOG**

**COMPETENCY (10) EVALUATE individuals, families, groups, organizations and communities.**

**Field Specific Practice Behavior**

* Demonstrates ability to analyze and evaluate interventions.

**Evaluation Process**

From your interactions, describe how you have participated in the process of ‘evaluation’ at your practicum placement.

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WEEK 16 ACTIVITY LOG

***Wrap-Up/Reflection of Practicum Experience***

Review your first semester of practicum responses **Week 16**. Answer the following questions on paper and be prepared to share with the class.

* Why did you choose to become a social worker and do you still feel the same after completion

of practicum?

* How will this profession fit you and/or how will you into fit this profession? (Include positive and negative aspects)
* Is the population at your practicum site the area of practice you intend to

focus on?

* Do you want to continue your education and training as a social worker? Why/why not?

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**Share general practicum concerns and experiences for the week. Be concise in your writing.**